

# HIV PEP Follow-up Visits Flow Chart

## Client Taking HIV PEP

At **each** visit, RN to address any client concerns & review:

- \* Risk of HIV transmission
- \* Side effects of HIV PEP
- \* Strategies for managing side effects
- \* Importance of taking meds regularly

Note: IF at **ANY** visit the client chooses **NOT** to continue HIV PEP

Discontinue medications  
Inform client to have HIV testing at 4-6 weeks & 3 and 6 months post-assault

## 1st Follow-up (Day 2 - 4, in person)

\* Obtain consent for HIV test, if not done at 1st (Initial) Visit and client wants it to be done on-site  
\* Do pre-HIV test counselling & schedule appointment for post HIV test counselling and HIV test result disclosure. Post-test counselling should be provided regardless of whether testing was done on-site or at an off-site anonymous clinic

Evaluate clients baseline (Initial Visit) bloodwork results  
Assess side effects

**Normal Results & No / Mild Side Effects**  
Dispense 10 days of HIV PEP  
Confirm appointment for 2nd Follow-up Visit (Week 1)

**Abnormal Results**

- \* Hgb <90g/L
- \* Absolute neutrophil count <  $0.5 \times 10^9/L$
- \* Platelet count <20,000 cells/uL
- \* AST, ALT, ALP or bilirubin > 5 X ULN
- \* HIV-positive (if baseline test done)

**Severe Side Effects (Grade 3-4)**  
See Medical Guidelines, Appendix 2A

## 2nd Follow-up (Week 1, by phone or in person)

Assess side effects

**No / mild side effects**  
Confirm 3rd Follow-up Visit (Week 2) appointment

**Severe side effects**  
(Grade 3-4) OR  
Any concerns beyond the scope of nursing practice

Consult designated MD

## 3rd Follow-up (Week 2, in person)

Assess side effects AND  
Repeat the following tests:  
\* CBC, lytes, CR, AST, ALT, ALP, bilirubin, amylase, blood sugar & CK

**No / mild side effects**  
Dispense 7 days of HIV PEP  
Confirm 4th Follow-up Visit (Week 3) appointment

**Severe side effects**  
(Grade 3-4) OR  
Any concerns beyond the scope of nursing practice

Continue medications & progress to next follow-up visit

Discontinue medications. Inform client to have HIV testing at 4-6 weeks & 3 and 6 months post-assault

## 4th Follow-up (Week 3, in person)

Evaluate 3rd Follow-up Visit (Week 2) bloodwork  
Assess side effects

**Normal results & No / mild side effects**  
Dispense 6 days of HIV PEP  
Confirm 5th (FINAL) Visit appointment

**Abnormal Results**

- \* Hgb <90g/L
- \* Absolute neutrophil count <  $0.5 \times 10^9/L$
- \* Platelet count <20,000 cells/uL
- \* AST, ALT, ALP or bilirubin > 5 X ULN
- \* HIV-positive (if baseline test done)

**Severe Side Effects (Grade 3-4)**  
See Medical Guidelines, Appendix 2A

## 5th (FINAL) Follow-up (Week 4, by phone or in person)

Inform client to have HIV testing at 4-6 weeks & 3 and 6 months post-assault