HIV PEP Side Effect Documentation

HIV F	PEP Follow-up Visit (1st, 2	2nd, 3rd, 4th, 5th):	Date:						
	Check if NO side 6	effects experienced sine	Pt Name:						
	Complete 1 copy of this form at EACH follow-up visit for ALL clients taking HIV PEP. Check the applicable grade for each side effect experienced since the client's LAST visit.								
		GRADE 1	GRADE 2	GRADE 3	GRADE 4 *				
RES	SPIRATORY			Treatment associated	Uncontrolled				
	Cough	Transient – no Rx	Treatment associated cough, local non-narcotic Rx	cough, narcotic Rx required	Oncontrolled				
	Shortness of breath	Mild, does not interfere with routine activities	Moderate, interferes with routine activities, requires intermittent Rx	Moderately debilitating, requiring nasal oxygen	Severe, requiring ventilator assistance				
GA!	STROINTESTINAL		intermittent KX	<u> </u>					
	Nausea	Transient, mild discomfort, reasonable food/fluid intake maintained	Moderate discomfort, significantly decreased food/ fluid intake < 3 days, some limit of activity	Severe discomfort, no significant or minimal food/fluid intake > 3 days, activities limited	Minimal fluid intake or hospitalization required				
	Vomiting	Transient emesis, 2-3 per day or lasting < 1 week	Moderate emesis, 4-5 per day or lasting 1 week	Vomiting all food/fluids in 24 hours, orthostatic hypotension or IV fluid/Rx required	Hypotensive shock, hospitalization, IV fluid therapy				
	Constipation	Mild	Moderate, Rx required	Severe, Rx required, vomiting	Distension with vomiting				
	Diarrhea	Mild or transient, 3-4 loose stools per day or mild diarrhea < 1 week	Moderate or persistent, 5-7 loose stools per day or diarrhea > 1 week	Bloody diarrhea or > 7 loose stools per day, orthostatic hypotension or IV Rx required	Hypotensive shock or hospitalization required				
NEURO / NEUROMUSCULAR									
	Mood	Mild anxiety or depression	Moderate anxiety or depression, therapy required	Severe anxiety, depression, or manic, needs assistance	Acute psychosis, incapacitated, hospitalization required				
	Muscle weakness	Subjective/reported weakness, no objective symptoms/ signs	Mild objective weakness, no decrease in function		Paralysis				
	Painful neuropathy (pain, numbness, or tingling in fingers, toes, hands and/or feet)	Mild discomfort, no therapy required	Moderate discomfort, persisting for > 72 hours, analgesic required	Severe discomfort, marked antalgic gait, narcotic analgesic required with symptomatic improvement	Incapacitating and intolerable discomfort, gait not improved or unable to walk despite narcotic analgesics				
OTH	HER PARAMETER								
	Fever (oral w/out infection >12hrs)	37.7 – 38.5 C or 100.0 – 101.5 F	38.6 – 39.5 C or 101.6 – 102.9 F	39.6 – 40.5 C or 103 – 105 F	> 40.5 C or > 105 F				
	Headache	Mild, no Rx therapy required	Transient, moderate, non- narcotic Rx required	Severe, responds to initial narcotic therapy	Intractable, requires repeated narcotic therapy				
	Fatigue	< 25% decrease in regular daily activities	25-50% decrease in regular activities	> 50% decrease in regular activities, unable to work	Unable to care for self				
	Allergic reaction	Pruritus without rash	Localized urticaria angioedema	Generalized urticaria angioedema	Anaphylaxis				
	Rash (mucocutaneous)	☐ Erythema, pruritus	☐ Diffuse maculopapular rash, dry desquamation	Vesiculation, moist desquamation ulceration	Exfoliative dermatitis, suspected mucous membrane involvement, Stevens Johnson or erythema multiforme, nercrosis requiring surgery				
	Other, specify:								

^{*} HIV PEP should be **DISCONTINUED** or **CHANGED** in clients who experience **Grade 4 side effects**. Consult with HIV Expert.

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Source: National Institute of Allergy and Infectious Diseases/National Institutes of Health (NIAID/NIH) Toxicity Grading